

# 2023 Summer Race Team

## Parent Packet

***We will be prioritizing our High Performance Junior Racing Team.***

It will be conducted from **Monday, June 19 to Sunday, August 13**. The emphasis is expected to be on sculling, but the program may include more sweep depending on the final size of the team. Fitness for participation will be assessed by WBC coaches during the registration process.

Rowers participating in this program will be expected to:

- Attend practice five days a week, with any absences excused in advance (and kept to a minimum).
- Practices will be Tuesday-Friday, 4:00-6:30p (drop off no earlier than 3:45p, pick up by 6:45p) and Saturday 11:00a-1:30p (drop off no earlier than 10:45a, pick up by 1:45p). Sundays & Mondays off.
- Purchase a Whitemarsh Boat Club racing unisuit. Orders must be placed by June 2nd to ensure delivery in time for the first team regatta. The final cost of the uniform will depend on how many we order. Please contact Head Coach Joe Sullivan or our program coordinator for more information (email listed below).
- Commit to competing in 3 regattas: [Independence Day Regatta](#) , Philadelphia, PA (June 30-July 2); [Philadelphia Youth Regatta](#), Philadelphia, PA (July 23); Overpeck Summer Sprints, Leonia, NJ (July 30).
- Upon the recommendation of the head coach and approval of WBC, selected participants may attend the [Royal Canadian Henley Regatta](#) in St. Catharine's, ON Canada\* (August 6-13). Travel and trailer expenses for RCHR is not included in the program fee and will be paid by the participating rowers.

\* Canada requires a passport. If you are reading this and want to row with us this summer, please get your passport ordered in time.